ERGONOMIC TIPS

Adjusting the Work Height:
1. Adjust the cart height to a comfortable working position by pressing the ▲ button on the side of the cart; lower the cart by pressing the ▼ button.

Working with the Cart:
1. Raise or lower the cart so that the work surface and/or keyboard tray is at a comfortable height.
2. Adjust the computer monitor so that the monitor is directly aligned with your line of vision or angled up or down no more than 12°.
3. Step down on the black brake pedals on both front caster brakes to "lock" the casters. When the cart is in a patient room, parked, or when sitting in front of the cart. Use your toe to push up on both black pedals to disengage the brakes before the cart is moved.

MOVING THE WORKSTATION

Before Moving the Cart:
1. Tuck the monitor or laptop arm over the top of the cart. Tuck the articulating keyboard tray under the work surface. This keeps the cart stable when it is rolling.
2. Disengage both front caster brakes by lifting up on the small black brake pedals.
3. Check to be certain that the coiled electrical cord is not plugged into a wall outlet.
4. If the cart has locking drawers, close all drawers and relock the cart before moving it.

Important - Push Don't Pull the Cart:
1. Always use the integrated cart top handles to move the cart. Before pushing the cart, move it from side to side slightly to align the casters in a straight rolling direction. This can reduce the starting inertia (push force) 3 to 4 lbs.
2. Lower or raise the cart to a height that allows the elbows to be bent at a right angle to the body. Keep your upper arms tucked close to your side and push the cart keeping it close to your body.
3. Push the cart from the front for short distance moves. When moving long distances, push from the wide side of the cart to further reduce push force and enhance maneuverability.

UNLOCKING & LOCKING WORKSTATIONS WITH DRAWERS:

Unlocking / Relocking Drawers:
1. If the cart has a keypad, press the green OK key to wake up the display. Enter a valid 4-digit ID number then press OK. The cart will unlock. If a PIN has been added to the ID number, it must also be entered before the cart will unlock. If the cart also has a card reader, press OK to wake up the display and then swipe the card to unlock.
2. If the cart does not have a keypad, turn the metal key at the side of the cart to unlock drawers.
3. Press the SIGN OUT key to relock the cart (keypad models) or relock it using the metal key.

RECHARGING THE LPS (LIONVILLE POWER SUPPLY):

An iPoint workstation with an LPS will have a Recharge Indicator Panel on the work surface as shown here.

Recharging Tips:
1. Turn off the computer when it is not being used to conserve battery power.
2. Plug the cart’s AC coiled cord into a wall outlet whenever possible. Remember, the batteries cannot be overcharged.
3. Never plug one cart to another cart’s electrical receptacle strip to recharge. Each cart must be plugged directly into an AC wall outlet.
4. Turn off the computer while recharging. This allows batteries to reach a full charge state more quickly.